AUCKLAND REGENERATIVE CLINIC
HYALURONIC ACID INJECTION – CONSENT

Patient name: _____

Joint/site: _____

What is it?
Hyaluronic acid (HA) is injected into the joint to help reduce pain and improve movement, usually for osteoarthritis. The injection is done using sterile technique and may be ultrasound guided.

What can I expect?
Pain and movement may improve gradually over several weeks. The amount and length of benefit vary. Some people may have little or no improvement. Results cannot be guaranteed.

Possible risks
Temporary pain, swelling, bruising or stiffness can occur. Less common risks include bleeding, allergic or inflammatory reaction. Infection is rare. Injury to nearby structures is also possible.

Tell us before the injection if you have:
☐ Fever or infection ☐ Skin infection near the injection site
☐ Blood thinners or bleeding problems ☐ Significant allergies
☐ Previous reaction to HA/injections ☐ Recent joint surgery/injection
☐ Pregnancy/breastfeeding ☐ Other important medical condition

After the injection
Take it easy for 48 hours and avoid strenuous or high-impact activity. Seek specialist urgent advice or urgent care medical help if you develop severe or increasing pain, marked swelling/redness/heat, fever, or chills.

Consent
I understand the purpose, possible benefits, and risks of the hyaluronic acid injection. I have had the opportunity to ask questions and agree to proceed.

Patient signature: _____ Date: _____